

## BOOK REVIEW

### HELPING THE BEREAVED

Alicia Skinner, Daniel S Dworkin. New York: Basic Books, 1992. £18.95 hb

This most attractive, lucid book, by two clinical psychologists in American academia and private practice, provides a broad introduction to grief therapy with individuals and groups and to the need for self-examination and self-care for therapists. Their framework is the American Diagnostic and Statistical Manual (DSM3R 1987) and much of the literature also is from across the Atlantic. The valuable chapter on cultural considerations in grief therapy mainly relates to minority groups within the US.

This valuable book puts the reader in touch with a wealth of clinical experience, the sections on loss and spiritual issues being particularly welcome. It should, however, be read alongside European literature on bereavement and trauma and on the interaction between bereavement and traumatic loss.

Any future edition would benefit from an enlarged section on children and adolescents and more on 'specific types of loss' such as homicide and through natural and man-made disaster and violence with discussion of the interaction between trauma and loss. The current edition deals with only AIDS, suicide and war.

Jean Harris Hendriks  
Consultant Child Psychiatrist

## ABSTRACTS

A Group Approach to Overcome Loss: A Model for a Bereavement Service in General Practice. Fenner P, Manchershaw A. *Professional Nurse* 1993; **8**(10): 680-684.

The authors, a nurse practitioner and clinical psychologist in the UK, describe how they set up small, short-term groups to bring together bereaved people who, because their grief was unresolved, seemed at risk of becoming increasingly depressed and isolated. Each group took part in six meetings, at which they talked about their experiences and emotions. The conclusion was that these meetings were sufficiently helpful to suggest that group bereavement counselling should be made available within the general health setting.

Latent Functions of Enfranchising the Disenfranchised Griever. Kameron J. *Death Studies* 1993; **17**(3): 281-287.

An increasing number of people, such as gay lovers, co-workers and friends, are debarred from grieving because their relationship to the dead person has no social legitimacy. The author suggests ways in which the legitimising of such relationships could not only allow such people to express their grief but might also improve their position in society. For example, he proposes putting pressure on employers to extend bereavement benefits such as counselling to griever who at the moment are disenfranchised by employers' personnel policies.

**cruse** - bereavement care

### EDITORS

Colin Murray Parkes MD DPM  
FRCPsych  
Dora Black MB ChB FRCPsych DPM

### ADVISORY EDITORS

Ofra Avalon PhD, *Israel*  
Tom Lundin MD PhD, *Sweden*  
Prof Robert Pynoos MD MPH, *USA*  
Prof Beverley Raphael, AM  
DPM (ANZCP) FRANZCP FRCPsych,  
*Australia*  
Prof Lars Weisaeth MD PhD FNPA,  
*Norway*  
Prof Robert Weiss PhD, *USA*

### MANAGING EDITOR

Patricia Scowen MA SRN HV

### CO-ORDINATING EDITOR

Rosie Dalzell BSc CertEd

### PUBLISHED BY

Cruse - Bereavement Care  
126 Sheen Road  
Richmond  
Surrey TW9 1UR, UK

Telephone: 081-940 4818  
Fax: 081-940  
(Editorial office and advertisements as above)

*Bereavement Care* is sold subject to the condition that it shall not be lent, re-sold, reproduced in part or in entirety, hired out or otherwise circulated without the publisher's consent.

The editors welcome advertisements and inserts but do not necessarily associate themselves with the views of the advertisers or the books advertised.

### SUBSCRIPTION RATE 1994

UK:  
Individual Subscribers (ie paid for by an individual subscriber for personal use) £11.00

Libraries and Organisations (eg hospitals, departments, colleges, hospices, companies; paid for by the organisation and/or for multiple readership) £20.00

Cruse Branches (bulk delivery to one address)

### OVERSEAS RATES

**Europe:**  
Individual Subscribers (as defined above)  
Stg £13.00

Libraries and Organisations (as defined above)  
Stg £23.00

### USA:

Individual Subscribers (as defined above) US\$ 30.00

Libraries and Organisations (as defined above) US\$ 45.00

### ALL OTHER COUNTRIES

**EXCLUDING EUROPE AND USA:**  
Individual Subscribers (as defined above)  
Stg 20.00

Libraries and Organisations (as defined above)  
Stg 30.00

*Bereavement Care* is published three times a year in Spring, Summer and Winter. All prices are inclusive of airmail postage. Payment must be in sterling (except for subscribers in USA) and may be made by cheque, money order or credit card (Mastercard, Eurocard, Visa, Access). Most back numbers available at £3.00 plus 35p (UK).

COPYRIGHT © Cruse - Bereavement Care 1993

Printed by Woodcote Ltd, Epsom, Surrey TK18 7HL, UK

# The Conference Unit

Department of Mental Health Sciences  
St. George's Hospital Medical School

## BEREAVEMENT AND COUNSELLING

New approaches in helping people come to terms with loss  
A one day multi-disciplinary conference

Friday 25th March 1994  
£85.00

### Keynote Speaker:

Professor Beverley Raphael  
author of *"The Anatomy of Bereavement"*

This conference will review the recent developments in the field of bereavement research. It will assess whether the thinking put forward by Dr. Murray Parkes 20 years ago is still valid in our pluralistic society. We will examine who benefits most from counselling, how to assess the risks attached to bereavement and what the bereaved person needs. The Conference is Part I of a two part Death & Dying Course. Part II will be held on 20th April 1994. Course leaders for Part II include Dr Lyn Franchino, Professor Sheila Hollins and Dr Frank Smith.



For further details including a registration form please contact:  
The Conference Unit, Dept. of Mental Health Sciences, St. George's Hospital Medical School, Cranmer Terrace, London SW17 0RE.  
Telephone & Fax: 081-672 9944 ext. 55534

### INDEX TO BEREAVEMENT CARE

Volume 12 Spring 1993—Winter 1993

Key: A = article  
Ab = abstract  
R = review  
No 1 = Spring issue  
No 2 = Summer issue  
No 3 = Winter issue

Abrams R (A) 1993; **12**, No 2: 16-18  
Abrams R (R) 1993; **12**, No 2: 22  
Aftermath of Murder and Manslaughter: the Families' Viewpoint (A) 1993; **12**, No 1: 6-8  
All About Me: A Board Game (R) 1993; **12**, No 2: 23  
Barnado's (R) 1993; **12**, No 2: 23  
Bereavement, Race and Culture (A) 1993; **12**, No 3: 33-35  
Berger AS et al (R) 1993; **12**, No 1: 11  
Black D (A) 1993; **12**, No 1: 9-11  
Boyle F (A) 1993; **12**, No 2: 18-21  
Brown L (A) 1993; **12**, No 1: 6-8

Children and Bereavement: A Video Training Package (R) 1993; **12**, No 2: 22

Davidson-Neilsen M. (A) 1993; **12**, No 3: 29-32  
Dean A (R) 1993; **12**, No 2: 22  
Directive Grief Treatment in a Group Setting (A) 1993; **12**, No 3: 29-32  
Dworkin DS (R) 1993; **12**, No 3: 36

Embelton G (A) 1993; **12**, No 2: 18-21

Facing Grief: Bereavement and the Young Adult (R) 1993; **12**, No 2: 22  
Facts of Death (R) 1993; **12**, No 1: 11-12  
Farrell M (R) 1993; **12**, No 1: 11-12  
Father Kills Mother: Post-Traumatic Stress Disorder in the Children (A) 1993; **12**, No 1: 9-11  
Foster W (A) 1993; **12**, No 2: 18-21

Group Approach to Overcome Loss: A Model for a Bereavement Service in General Practice (Ab) 1993; **12**, No 3: 36

Harris-Hendriks J (A) 1993; **12**, No 1: 9-11

Helping Teenagers and Young Adults Cope with the Death of a Parent (A) 1993; **12**, No 2: 16-18  
Helping the Bereaved (R) 1993; **12**, No 3: 36

Jeffrey P (A) 1993; **12**, No 2: 14-16

Kaplan T (A) 1993; **12**, No 1: 9-11

Lansdown R (A) 1993; **12**, No 2: 14-16  
Latent Functions of Enfranchising the Disenfranchised Griever (Ab) 1993; **12**, No 3: 36  
Leick N (A) 1993; **12**, No 3: 29-32

Mattie and Grandpa (R) 1993; **12**, No 2: 22  
Meggie's Magic (R) 1993; **12**, No 2: 22  
Mooney B (R) 1993; **12**, No 1: 8  
Mulrain G (A) 1993; **12**, No 3: 33-35

Najman J (A) 1993; **12**, No 2: 18-21

Parental Responses to Different Types of Infant Death (A) 1993; **12**, No 2: 18-21  
Parkes CM (A) 1993; **12**, No 1: 2-6  
Pennells M (R) 1993; **12**, No 2: 22  
Perspectives for Living (R) 1993; **12**, No 1: 8  
Perspectives on Death and Dying (R) 1993; **12**, No 1: 11  
Piumini R (R) 1993; **12**, No 2: 22  
Poems for Today (R) 1993; **12**, No 1: 12  
Psychiatric Problems Following Bereavement by Murder or Manslaughter (A) 1993; **12**, No 1: 2-6

Role of the Special School in the Care of the Dying Child (A) 1993; **12**, No 2: 14-16

Skinner A (R) 1993; **12**, No 3: 36  
Smith S (R) 1993; **12**, No 2: 22

Thearle J (A) 1993; **12**, No 2: 18-21  
Torrie M (R) 1993; **12**, No 1: 12

Vance J (A) 1993; **12**, No 2: 18-21

Wallbank S (R) 1993; **12**, No 2: 22  
Walters T (A) 1993; **12**, No 3: 26-29  
War Graves Pilgrimage (A) 1993; **12**, No 3: 26-29

When Parents Die (R) 1993; **12**, No 2: 22