

A B S T R A C T S

**'Words that make a difference':
communication in bereavement**

Holmberg L. *Journal of Loss and Trauma* 2007;
12(1):11-31

The author is a professor of education in Sweden and this article is a personal reflection on a diary she kept for one year after her 38-year-old son's

death from cancer.

She identifies a number of themes in her diary – guilt, lack of knowledge, physical breakdown, lack of control, anxiety, obsession and stigma. She describes the manifestations of each and how she was supported by the provision of information, advice about control, empathy and shared experiences. In particular, she describes her physical breakdown and the ensuing support from her GP,

her relationship with her counsellor, participation in a self-help group and the support of a loyal friend. Such a personal yet reflective perspective could help bereaved people to realise that similar intense, sometimes seemingly irrelevant experiences, are normal responses to bereavement. Her comments on support are relevant to anyone helping bereaved people in a variety of settings, including the world of work.

Index to Bereavement Care

Key: A = article Ab = abstract
O = obituary R = review

No 1 = Spring issue

No 2 = Summer issue

No 3 = Winter issue

A-Z of Loss, The (R); No 3: 66
Academic constructions of bereavement (Ab); No 2: 44
Adult bereavement in five English hospices (Ab); No 2: 44
After Suicide Loss (R); No 2: 41
Aitken A (R); No 2: 36
Aitken A (R); No 1: 15
Aitken A (R); No 3: 57
Adult decisions affecting bereaved children (A); No 2: 30-33
Andrew G (A); No 2: 26-29
Auckland P (R); No 2: 42
Baughner B (R); No 2: 41
Bedard K (R); No 1: 17
Bell E (R); No 3: 66
Black D (Tribute); No 1: 20
Black D (R); No 2: 35
Bolt from the Blue, A (R); No 1: 16
Bowman T (A); No 3: 47-50
Brady D (Ab); No 3: 68
Brown A (A); No 1: 7-10
Bryant-Jeffries R (R); No 3: 62
Buchholz J (R); No 2: 43
Carmen R (R); No 2: 40
Chan CLW (R); No 1: 6
Chara K (R); No 2: 40
Chara P (R); No 2: 40
Childhood Bereavement (R); No 1: 14
Childhood Bereavement Network (R); No 2: 42
Children Also Grieve (R); No 2: 39
Children and young people's experience of UK childhood bereavement services (Ab); No 3: 68
Chisholm C (R); No 2: 40
Chow AYM (R); No 1: 6
Chronic sorrow and bereavement care (A); No 3: 47-50
Cobain B (R); No 2: 41
Cohen J (R); No 3: 50
Collins C (R); No 3: 65
Collins M (R); No 2: 39
Committed to the cleansing flame (R); No 3: 61-62
Compassion and Courage in the Aftermath of Traumatic Loss (R); No 1: 17
Complicated grief: an attachment disorder worthy of inclusion in DSM-V (Ab); No 1: 19
Coping When Someone Has Died (R); No 1: 18
Coping with the intensity of child bereavement work – a qualitative study exploring volunteers' support needs (A); No 3: 54-57
Counselling for Death and Dying (R); No 3: 62

Cranwell B (A); No 2: 30-33
Crisis Response in our Schools (R); No 1: 17
Cutcliffe JR (R); No 2: 33
Cyrulnik B (R); No 1: 19
D'Arcy P (R); No 3: 65
Daly N (R); No 3: 65
Dangerous words (A); No 2: 23-25
Davis D (R); No 3: 61-62
Dead but Not Lost (R); No 2: 37-38
Dealing with Death (2nd edn) – a handbook of practices, procedures and law (R); No 3: 59
Death and Religion in a Changing World (R); No 2: 37
Death, Dying and Bereavement (R); No 1: 6
Death in the Lives of, A (R); No 2: 42
Death Redefined (R); No 3: 61-62
Deblinger E (R); No 3: 50
Depression (A); No 2: 34
Dempster P (A); No 1: 7-10
Do religious or spiritual beliefs influence bereavement? (Ab); No 3: 68
Donnelly M (A); No 1: 11-14
Dying to Be Free (R); No 2: 41
Early Bereavement (R); No 2: 43
Early Days of Grieving, The (R); No 3: 66
Encyclopedia of Cremation (R); No 3: 61-62
Estlund A (R); No 2: 36
Evans A (R); No 2: 42-43
Ex-clients' evaluation of bereavement counselling in a voluntary sector agency (Ab); No 3: 68
Experiences of social networks supporting traumatically bereaved (Ab); No 3: 68
Family therapy (A); No 3: 58-59
Finding Your Way after Your Child Dies (R); No 3: 64
Fitting End, A (R); No 3: 62
For Widows Only (R); No 2: 34
Frank KT (R); No 2: 39
Frances G (R); No 1: 14
From Dust to Ashes (R); No 3: 61-62
Gale B (A); No 3: 58-59
Garces-Foley K (R); No 2: 37
Gibson M (R); No 1: 16
Gift of Grief, The (R); 26, No 3: 66
Goldman L (R); No 2: 39
Good Grief (R); No 2: 39
Goss R (R); No 2: 37
Grainger H (R); No 3: 61-62
Green J (R); No 3: 59
Green M (R); No 3: 59
Griefkeeping (R); No 3: 66
Grief support groups used by a few. (Ab); No 2: 44
Grieving (R); No 3: 65
Grundy M (A); No 1: 7-10
Guest editor's conclusions:

Volume 26**Spring 2007 - Winter 2007**

symposium on complicated grief (Ab); No 1: 19-20
Helping Kids Heal (R); No 2: 40
Helping those bereaved through road accidents (R); No 1: 15
Higginson IJ (R); No 2: 43
Hogwood J (A); No 3: 54-57
Homicide Survivors (R); No 2: 43
Hooyman NR (R); No 2: 25
Hull McCormack J (R); No 3: 65
Hunt J (A); No 2: 26-29
Impact of critical incidents on school counsellors, The (A); No 1: 11-14
Improving support for bereaved people within their communities (A); No 2: 26-29
Inspiration of Hope in Bereavement Counselling, The (R); No 2: 33
It will be OK (R); No 2: 42
It's OK to be Sad (R); No 2: 39
James H (R); No 3: 62
Jessop J (R); No 3: 64
Job N (R); No 1: 14
Jordan J (R); No 2: 41
Jupp P (R); No 3: 61-62
Kent County Council (R); No 1: 18
Klass D (R); No 2: 37
Kramer BJ (R); No 2: 25
Kreutzer Sonata, The (R); No 2: 35
Larch J (R); No 2: 41
Lerner M (R); No 1: 17
Lerner M (R); No 1: 17
Lindell B (R); No 1: 17
Lindell B (R); No 1: 17
Literature review on bereavement and bereavement care, A; developing evidence-based practice in Scotland (A); No 1: 7-10
Living through Loss (R); No 2: 25
Living with Loss and Grief (R); No 3: 65
Lowton K (R); No 2: 43
Newman M (A); No 2: 34
Not Too Young To Grieve (R); No 2: 42
McCarthy JR (R); No 2: 38
Malone L (A); No 3: 51-53
Mansfield M (R); No 2: 42
Mannarino A (R); No 3: 50
Mates L (R); No 3: 61-62
Metaphorically speaking (Ab); No 2: 44
Morrell J (R); No 2: 41
Mowll J (A); No 1: 3
Nuttall D (R); No 3: 66
Order from Chaos (R); No 1: 16
Out of the Blue (R); No 2: 39
Oxley P (R); No 2: 39
Papandatos D (A); No 3: 60
Parenting under Pressure – Bereavement (R); No 3: 65
Parkes C (A); No 2: 23-25
Parsons B (R); No 3: 61-62
A Pocket Full of Posies, A (R); No 1: 18

Reality and regret; viewing or not viewing the body after a sudden death (A); No 1: 3-6
Research with bereaved parents (Ab); No 2: 44
Return from the Peleponese (A); No 3: 60
Ribbens J (R); No 3: 64
Rotary International (R); No 1: 18
Rowling L (A); No 1: 11-14
Saari S (R); No 1: 16
Safe Place for Caleb, A (R); No 2: 40
Sasha's Legacy (R); No 3: 65
Smith H I (R); No 3: 66
Smith S (R); No 2: 41
Sobonya N (R); No 3: 66
Someone Has Died in a Road Crash (R); No 2: 40
Steadman A (R); No 2: 42
Stokes J (R); No 2: 39
Supporting people bereaved through homicide (A); No 3: 51
Symposium on complicated grief (Ab); No 1: 19-20
Therapeutic issues and the relationship to the deceased (Ab); No 3: 68
Tolstoy L (R); No 2: 35
Treating Trauma and Traumatic grief in Children and Adolescents (R); No 3: 50
Treatment of complicated grief (Ab); No 1: 20
Tugendhat J (R); No 3: 65
Understanding Your Grief (R); No 3: 65
Understanding Your Grief Journal, The (R); No 3: 65
University Crisis Response (R); No 1: 17
Unwin R (A); No 1: 7-10
Volpe J (R); No 1: 17
We Need to Talk About the Funeral (R); No 2: 41
Weitz P (A); No 2: 26-29
Wezeman K (R); No 3: 64
Wezeman P (R); No 3: 64
What to do following a death (R); No 3: 59
When people Grieve (R); No 3: 65
When Someone Dies (R); No 2: 42
Whispering of Ghosts, The (R); No 1: 19
Wilcock S (A); No 1: 7-10
Williams M (R); No 2: 40
Wimpeny P (A); No 1: 7-10
Wolfelt A D (R); No 3: 65
'Words that make difference' (Ab); No 3: 67
Work F (A); No 1: 7-10
Work-related bereavement (R); No 3: 57
Young People, Bereavement and Loss – disruptive transitions (R); No 3: 64
Young People's Experiences of Loss and Bereavement (R); No 2: 38
Young widows and widowers (R); No 2: 36